

THE BUZZ



PROUD TO BE CANADIAN

THE BUZZ



YOUR PRESIDENT'S REPORT

Hello Comrades and Friends,

I hope this issue finds you all doing well and keeping in good spirits.

Regrettably we have cancelled the Annual Unit #68 picnic on Saturday July 18, 2020 at John Hendry Park (Trout Lake).

The Vancouver Parks board, City of Vancouver and Fraser Health Board have sent us the requirements regarding the permit to use the park.

We cannot have a BBQ, running water is not available, and we cannot bring food to hand out to our comrades.

The picnic this year would not be the same, no hamburgers, hot dogs, drinks, raffle, or children's races.

We can only hope that next year we can get back to having our event in the park.

Stay Safe.

Shoulder to Shoulder

Fraternally Yours,

Jan Holt

President,

East Vancouver Unit #68

anavet68@yahoo.com



JULY NEWS FROM YOUR HONOURARY PRESIDENT



Comrades:

Last month our country took a heavy loss with the downing of an Armed Forces helicopter and then a fatal Snowbird accident. Even in peace time it's a reminder of the danger our service men and women put themselves in on a daily basis.

There have been 7 pilots and 2 passengers killed during the Snowbirds history, with the second most recent in 2008.

The Jets are 67 years old, with continual up-grades and constant maintenance.

The Harper Government allocated \$750 million to replace the Jets, however in 2018 PM Justin Trudeau's Government cancelled the order and added modern avionics to the jets thereby keeping them in service until 2030.

The Snowbirds are a demonstrate team of 80 personal, costing in the neighborhood of \$10 million per year to service and operate.

As proud as all Canadians are whenever these planes perform, it's time to replace these planes.

Yes, it's expensive, but in my opinion I feel our country should continue supporting this proud tradition.

These men and women represent our country and with a National Defense budget of 20.1 Billion Dollars per year, it's a small price to pay.

Our Hearts go out to Captain Jennifer Casey's family and we all pray for a speedy recovery for pilot Captain MacDougal, it's a miracle that he survived.

Fraternally Yours
Bob Rietveld,
Honorary President Unit #68

Canadian Food Inventions:

- Butter Tarts - *Barrie* 1900
- Nanaimo Bars - *Nanaimo* 1952
- Poutine - *Montreal* late 1950's
- Hawkins Cheezies - *Belleville* 1949
- Ginger Ale - *Toronto* 1907
- Canola Oil - *Sask. / Manitoba* 1960's
- Pablum - *Toronto* 1930
- Instant Mashed Potatoes - *Ottawa* 1962
- Yukon Gold Potatoes - *Guelph* 1960's
- Peanut Butter - *Montreal* 1884
- California Rolls - *Vancouver* 1971
- Cuban Lunch - *Winnipeg* 1948
- The Caesar Drink - *Calgary* 1969
- Beaver Tails - *Ottawa* 1978
- Maple Syrup - *Quebec* Pre 17 - 1800's
- Hawaiian Pizza - *Chatham* 1962
- Ginger Beef - *Calgary* 1975
- Chewing Gum - *Toronto* 1860's



TEN THINGS WE LOVE ABOUT CANADA . . .

By Moon Travel Guides

From the classics like maple syrup to surprise pizza controversies (yes, really), there's a lot to love about Canada. We've compiled a list of our top ten favorite things about the Great White North.

1. *Some of the cleanest air in the world*

For a breath of truly fresh air, look no further: Thanks to its low population density and huge expanses of forested land, the air quality in Canada is second only to Iceland's. Ahhh.

2. *Genuinely friendly people*

Every now and then a stereotype checks out, and this is one of them—at least online. Take this 2016 study that analyzed more than 3 million tweets as an example: They found that by far, tweets by Canadians were more pleasant (lots of “great,” “amazing,” and “favourite”) than those of Americans, whose language was significantly more judgmental. Of course, this isn't true across the board—no stereotype is—so let's take it with a grain of salt, eh?

3. *Gorgeous lakes—and lots of 'em*

Fun fact: Canada has more lakes than any other country in the world! According to recent measures, it holds more than 60% of the world's lakes. From a historic cruise on Waterton to splashing around in Louise's turquoise waters or taking in the majesty of the Great Lakes, there are plenty of aquatic adventures to be had.

4. *The undeniable Tim Hortons*

Timmy Ho's is an institution—who could possibly say no to a good cup of coffee and a delicious donut (or two)? We're fans

of the maple dip variety; what's your favorite flavor?

5. *Delicious maple syrup*

Speaking of maple, there's a reason the Canadian flag is literally a maple leaf. Québec produces about 70% of the world's syrup supply, generating upwards of \$480 million every year. Our pancakes are forever grateful.

6. *Opportunities to hit the slopes*

Canada has a staggering number of top-notch ski resorts, spanning the width of the whole country. The slopes at Whistler in British Columbia and Le Massif in Québec really take the cake.

7. *Admiring the diversity of historical structures*

From Toronto's bay-and-gable houses and the signature outdoor staircases of Montréal's plexes to minimal modernism in Vancouver and Quebec City's Scottish-baronial-meets-French-château, Canada holds a fascinating mix of architectural history.

8. *Of course, a piping hot bowl of poutine*

The ultimate comfort food: crispy fries drenched in scrumptious hot gravy and tossed with salty, chewy cheese curds. Thank you, Canada.

9. *Incredible Canadian entertainers*

Comedians, actors, musicians...oh my! Canada has gifted the world with some amazing talent: Jim Carrey, Seth Rogen, Samantha Bee, Celine Dion, Neil Young, Alanis Morissette...the list goes on and on. (And let's not forget the Ryans: Canada gave us both Gosling and Reynolds.)

10. Hawaiian pizza (if you're into that kind of thing)

Alright, this one's just here as a surprise fun fact: allegedly, "Hawaiian" pizza was actually invented in Chatham, Ontario by Greek-Canadian Sam Panopoulos. This pineapple pizza creation has been the subject of some controversy, as well. In 2017, the president of Iceland reportedly said he would ban pineapple as a pizza topping if he could—sparking outrage and opinions from a lot of people, including Canadian Prime Minister Justin Trudeau. Regardless of where you stand on this important issue, we have Ontario to thank for the ham and pineapple slice.

Why I love Canada, by Canadians

Canada is an amazing country and it has so much to offer travellers – the most beautiful landscapes, delicious food, incredible wildlife, brilliant breweries, unique Canada cruises and above all, the wonderful locals.

Don't just take our word for it though as we've asked some canucks to tell us what they love about their own country. Be warned as this article will make you want to pack your bags and visit across the entire land of the Maple Leaf.

Unsurprisingly Canada's breath-taking landscapes are also loved by locals and Leigh McAdam, who runs the travel blog Hike Bike Travel and is author of Discover Canada: 100 Inspiring Outdoor Adventures, is one of them.

She says, *"I love Canada for its incredibly diverse landscapes, cultural diversity and friendly people. As one who appreciates wild and untamed wilderness I feel lucky to live in a country that is home to mountain ranges, hundreds of rivers, thousands of lakes, 36 national parks,*

eight national park preserves, and several hundred provincial parks. In Calgary where I live, I can be in the Rocky Mountains within an hour. I have access to a range of accommodation options from wilderness camping to backcountry lodges to five star hotels. And a great glass of Canadian wine is never far away. Life is awesome here!"

Canada is home to some of the world's greatest untamed lands and its vast hinterlands are strongholds for some of the most incredible wildlife on Earth.

Its land is a stronghold for black, brown and polar bears as well as the goofy gigantic moose. Its rich waters off the coasts of Newfoundland and British Columbia are chock full of whales and dolphins.

Canadians Dave and Deb, who run the well-known travel blog [The Planet D](#), say, *"We love Canada because adventure can be found in every corner. It is so vast and diverse. As outdoor lovers we can't get enough of it. From ice climbing in Alberta to kayaking on the Bay of Fundy, there is something for everyone. But it's our wildlife that really gets the blood pumping. Canada is an amazing safari destination where we have walked with polar bears, canoed through quiet lakes to spy on moose, kayaked with beluga whales and listened to the cry of the wolf. Canada is awesome."*

Source: Canadian Affair

thankful
FOR MY
CANADIAN
roots

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*“Beauty is in the eye of the beholder and it
may be necessary from time to time to
give a stupid or misinformed beholder a
black eye.”*

--- Miss Piggy

**ANAF UNIT #68
MEMBERSHIP . .**

Do you have your Membership for 2020?

SPECIAL OFFER: Our membership is still
available at \$35.00 for the year or \$60.00
for a couple!!

Please see any one of our Executive to
obtain your yearly membership

If you wish to mail in your membership fee,
the following is the address for all of our
Unit #68 correspondence:

A.N.A.F. Unit #68 Membership
c/o Jan Holt
122-6362 Fraser Street
Vancouver, BC V5W 0A1

**PLEASE REMEMBER . . . We need ‘YOU’,
and your continued support as loyal and
dedicated Members. An active
membership makes for an active club**

**HAPPY BIRTHDAY to our
Unit #68 JULY Celebrants!**

Margaret Chang
John Kimoff

Ken Griggs
Darlene Ludwig

**Wishing you all a Very
Happy Birthday!!!!**



REMINISCING
WITH RON 'ANDY'
CAPP ROBINSON ..

Editor's Note: Ronnie wrote this article for our July issue in 2011 – it was an incredible experience for him, and he loved every minute of it! Enjoy!

— — — — —

Stop the Presses!! The column you are about to read is not the one I wrote for this edition of The Buzz. Something happened in my life that made me write a completely new column. So here goes . . .

I was offered a chance to represent Canada in the **2011 Hands Across The Border** at the Peace Arch on Sunday, June 12th. I turned this honor down at that time because I didn't feel I was worthy of such an honor. Later I realized I was only a few months short of being 90 years old and I should be very proud to represent my country in such an honorable manner so I accepted this wonderful honor.

My official driver to this event was Rose Rietveld. This was the beginning of many eventful moments that were about to happen that day.

The highway was closed off to the regular traffic when Rose received an emergency call from the border telling us that the ceremonies were moved ahead one hour from 2 p.m. to 1 p.m.

We were realizing that there was no way we could make it under these conditions when we received another call to tell us the Highway Police would open the highway just for us and see that we would reach the border in time.

The three of us, Lilian, Rose and myself felt very important due to this turn of events. A special vehicle met us at the border and rushed me to the Reviewing Stand.

There were three of us at the Stand, a very young American Navy Veteran back from Iraq, a young Canadian Honor Veteran of the Royal Westminster Regiment, and myself representing Canada.

There were times when I wasn't sure when to salute or not, so I watched my two friends to see what they were doing. We had a good laugh when they said they were watching and copying me when I saluted!

One major event was when all three of us laid the wreath at the entrance to the Peace Arch. We were surrounded by the Washington State Police on one side, and by the Royal Canadian Mounted Police on the other side.

That was the closest I have been to so many police since I was 14 years old and was caught stealing pumpkins at a Chinese farm at 14th Avenue and Prince Albert Street.

I was very proud when our own Provincial Command Color Guard, led by Bob Rietveld, passed by leading the longest parade I've witnessed in many years.

The parade consisted of many police forces, American and Canadian, and hundreds of children from Washington State, Oregon, California and from almost every town in British Columbia.

By now I'm pretty sure you have heard what came over the huge loud speakers near the close of the ceremonies, which was heard by close to 3,000 people. *"The laying of the wreath and taking the salute was Ron Robinson, Canada's oldest living Second World War Veteran."*

Although I did join the Army during the first year of the War (June 18, 1940), and served over three years in the forces, I never served Overseas. I have never considered myself a 'Veteran', and I'm sure that there are older war vets than me.

Anyways, I'd like to recommend everyone to visit the 'Hands Across The Border' Ceremonies next year. Thanks Bob and Rose!!

Forever in our Memories

HUMOUR IS THE BEST MEDICINE

I don't know who wrote this....however, I thought I would share this with you.

A QUARANTINE JOURNAL

Day 1 – I Can Do This!! Got enough food and wine to last a month!

Day 2 – Opening my 8th bottle of Wine. I fear wine supplies might not last

Day 3 – Strawberries: Some have 210 seeds, some have 235 seeds. Who Knew??

Day 4 – 8:00pm. Removed my Day Pajamas and put on my Night Pajamas.

Day 5 – Today, I tried to make Hand Sanitizer. It came out as Jello Shots!!

Day 6 – I get to take the Garbage out. I'm So excited, I can't decide what to wear.

Day 7 – Laughing way too much at my own jokes!!

Day 8 – Went to a new restaurant called "The Kitchen". You have to gather all the ingredients and make your own meal. I have No clue how this place is still in business.

Day 9 – I put liquor bottles in every room. Tonight, I'm getting all dressed up and going Bar hopping.

Day 10 – Struck up a conversation with a Spider today. Seems nice. He's a Web Designer.

Day 11 – Isolation is hard. I swear my fridge just said, "What the hell do you want now?"

Day 12 – I realized why dogs get so excited about something moving outside, going for walks or car rides. I think I just barked at a squirrel.

Day 13 – If you keep a glass of wine in each hand, you can't accidentally touch your face.

Day 14 – Watched the birds fight over a worm. The Cardinals led the Blue Jays 3–1.

Day 15 – Anybody else feel like they've cooked dinner about 395 times this Week.

Editors Note: Does any of this sound familiar??

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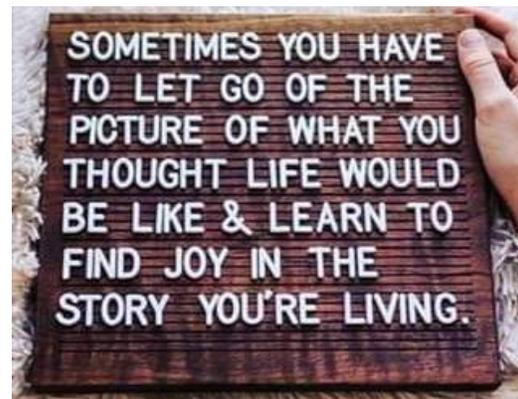
In my teens, friends would ask, "Who are you going out with this weekend?"

In my 20's, relatives would say, "Who are you dating?"

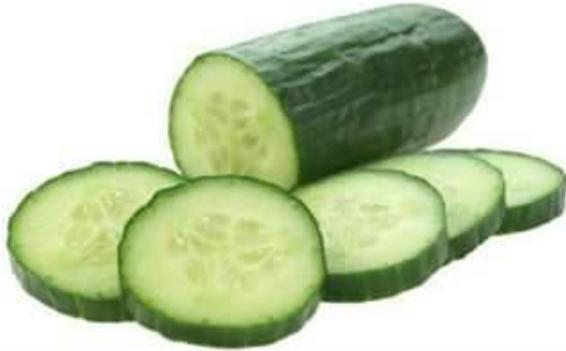
In my 30's, co-workers might inquire, "So, are you dating anyone?"

Now people ask, "Where did you get that adorable purse?"

— — — — —



WHAT A LITTLE GEM THE CUCUMBER IS. I WILL LOOK AT IT DIFFERENTLY NOW.



By Wanita McCurdy

1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!
6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!
7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explorers for quick meals to thwart off starvation.
8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.
9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!
10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.
11. Just finish a business lunch and realize you don't have gum or mints? Take a slice

of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.

12. Looking for a 'green' way to clean your faucets, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.

13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!

Pass this along to everybody you know who is looking for better and safer ways to solve life's everyday problems



A TOUCH OF LAUGHTER TO BRIGHTEN YOUR DAY . . .

One day, this woman went to a bait shop to get her husband a fishing reel for his birthday. After selecting one, she inquired as to its cost. The owner replied, *"I'm sorry, ma'am, but I'm blind and cannot see what reel you have. If you drop it on the floor, I'll recognize it and be of more help."*

So she did just that. After hearing it hit the floor, the owner said, "That's the Johnson Model 9400. It'll be \$40.00." The woman decided to take it so she went to pick it up off the floor. Upon bending over, she laid a stinky, squeaky fart. The owner rang up the sale and said, *"That'll be fifty dollars."*

"Fifty dollars?!?!" the woman exclaimed. *"You just told me that is was forty dollars a moment ago!"*

"Yes, I did", said the owner, *"But that was for the reel. The duck call is another \$7.50 and the stink bait is \$2.50."*

Ever wonder why ABCDEF are used to define bra sizes?

- A - Almost Boobs
- B - Barely there
- C - Can Do
- D - Damn good
- DD - Double Dang Good
- E - Enormous
- F - Fake

She looked like such a sweet little old lady, driving the cute Toyota with a bumper sticker that said: *"Grow your own dope."*

How sweet, I thought, must be a medical marijuana patient.

Then I noticed the rest of her message... *"Plant a man."*

A FEW HANDY HINTS FOR YOU and FOR YOUR HOUSEHOLD



Let's explore the great household uses for VINEGAR . . .

To contain awful cooking odors (especially cabbage and fish), boil a cup of water in a pan on the stove and add 1 to 2 tablespoons of vinegar.

To create a love home aromatherapy smell, add some cinnamon or orange or lemon peels to a pan of water and vinegar, let boil. It will fill your home with a lovely scent.

To freshen a sink drain, pour 1/2 cup of baking soda down the drain and follow with 1 to 2 cups of vinegar. Let it bubble 5 minutes. Flush with plenty of water.

To clean a sink aerator, drop heated vinegar into it to flush out hard- water deposits.

To clean the coffeemaker, run full-strength white vinegar through a normal brew cycle, run again, stop halfway through and let sit 15 minutes, then run several cycles with plain water.

To remove fish or onion odor on hands, rinse them with apple cider vinegar.

To make your own window cleaner, add 1/2 to 1 cup of vinegar to 1 gallon of water.

To remove white salt rings from clay pots, wipe undiluted white vinegar over the affected areas.

To kill unwanted grass on sidewalks and driveways, pour full strength vinegar directly on the areas.

To remove hard-water stains from your dog's water bowl, pour heated vinegar inside it.

AND FOR ALL OF OUR GARDENERS



Weed-Be-Gone

1 Gallon Vinegar
2 Cups Epsom Salt
1/4 Cup Dawn Dish Soap (The Blue Original)

It will kill anything you spray it on. Just mix and spray in the morning, after the dew has evaporated. Walk away. Go back after dinner and the weeds are all gone!

Cheaper than anything you can buy anywhere! Never buy Round-up again!

There's nothing like a little tomato soup to soothe the soul. Even if it's cold. Over ice. With a celery stalk. And vodka.

**FROM OUR UNIT
#68 BUZZ RECIPE
CORNER:**



**EPIC MEATLOAF STUFFED
WITH MASHED POTATOES**



INGREDIENTS

- < 2 oz. French bread (or 3 slices of bread)
- < 1/4 cup grated Parmesan
- < 4 oz Onion and Chive Cream Cheese
- < 1/3 cup milk
- < 1/2 cup ketchup
- < 1/4 cup apricot jam
- < 1 large egg
- < 1/2 teaspoon kosher salt
- < 1/4 teaspoon pepper
- < 1/4 teaspoon ground mustard
- < 1 lb. 90% lean ground beef
- < 1 1/2 cup mashed potatoes
- < 4 slices extra sharp cheddar cheese

DIRECTIONS

1. Preparation: Heat oven to 375 degrees F. Line a bake sheet with foil. Place bread and parmesan in a food processor and pulse until

coarsely crumbed; transfer to a bowl. Whisk milk and cream cheese until combined, then pour it over the bread crumbs and stir to combine; set aside. In a separate bowl, combine and thoroughly mix together ketchup and apricot jam. Halve mixture into separate bowls; set aside.

2. Place egg, salt, pepper, ground mustard in a bowl and beat until combined. Add in half of ketchup mixture and mix to combine. Add in ground beef and mix to combine. Fold in bread mixture and mix to combine (do not over mix).
3. To assemble: Halve the meat mixture and place one half on the bake sheet. Form into a loaf and create a well with a 1/2 inch wall along the perimeter of loaf. Fill well with mashed potatoes. Place cheddar cheese slices on top. Place remaining meat mixture on top of cheese slices and smooth out to an even finish making sure the center stuffing is fully covered and sealed in. Brush remaining ketchup mixture all over the outside of meat loaf. Bake at 375 degrees for 40-50 minutes. Remove from oven and let rest for 15 minutes prior to slicing.

****Notes****

(1) Almost any type of white bread will work, so use what you have on hand.

(2) Use plain cream cheese or your preferred flavor

(3) use meatloaf mix of 1/2 lb. lean ground beef, 1/4 lb. veal and 1/4 lb. pork

**ENJOY!! ENJOY!!
EXTRA YUM!**

**NEWS FLASH:
Our Honourary President has
become a Celebrity in the
Okanagan . . .**

**Eye-catching SUV a tribute
to veterans**

◀ JOE FRIES



Bob Rietveld with his distinctive Hummer H2, which is actually a tribute to veterans.

Special to The Herald

Even if you've never met Penticton retiree Bob Rietveld, you've probably seen his vehicle: a bright-yellow Hummer H2 with big decals of the Canadian and U.S. flags splashed across the side of it that is really hard to miss.

"People think I'm American," he says with a laugh, but he's actually a proud Canadian who was born in the Netherlands in January 1945, while the country was still occupied by the Nazis at the tail end of the Second World War.

Canadian forces led the liberation of the Netherlands, which was finally

pried loose from the Nazis' grip in April 1945.

"The Dutch people have never forgotten," says Rietveld.

His family later immigrated to Canada and Rietveld, while still a young man, decided he would honour the soldiers who fought for his freedom by joining the army. His father, who served in the Dutch military, wouldn't have it.

"He went berserk," recalls Rietveld. *"He said, 'After what I went through, you're not joining the army.'"*

Rietveld vowed instead to devote himself to serving veterans, and in 1971 joined the Royal Canadian Legion.

He eventually rose to the position of colour sergeant for the B.C. Command of the Army, Navy and Air Force Veterans in Canada and is honorary president of the group's East Vancouver chapter.

But after decades spent balancing his commitment to veterans with running a construction business in West Vancouver, Rietveld and his wife, Rose, retired to Penticton in 2016. They chose the Peach City to be closer to Rose's mother, Elizabeth Menges.

Rietveld considered also retiring from his veterans work, but decided against it, which is where the Hummer H2 comes in. He took the oversized SUV to a local sign shop and had the decals designed so he could enter it into parades with a veteran in the passenger seat.

One welcome bonus that comes with having such an eye-catching vehicle is it's a sure-fire conversation starter.

"I enjoy driving it around and people stop and talk to me," he says.

Rietveld gladly shares his message with people, particularly kids.

"I used to do a lot of speeches in school, and it's really important (children) know about the history," he says.

"It's not about me. It's always about the veterans and what they did for us."

Source;

Joe Fries

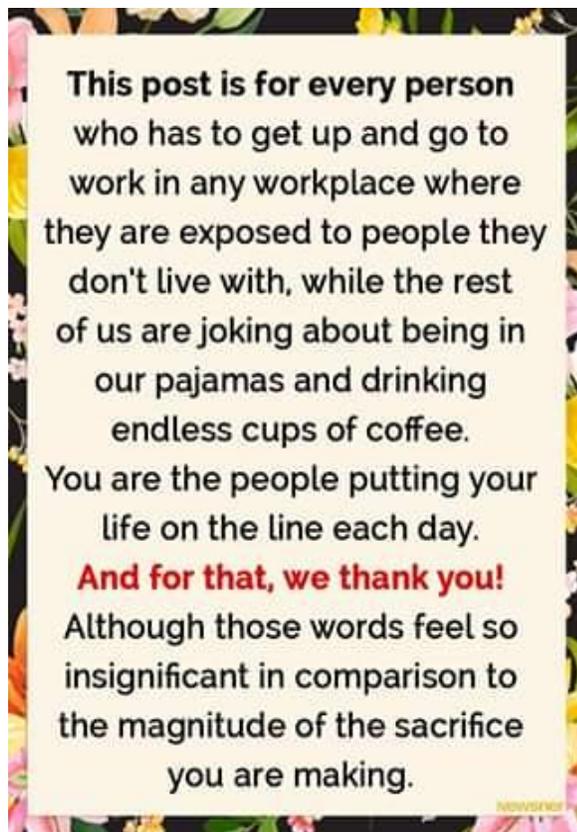
Reporter, **Penticton Herald**

101-186 Nanaimo Ave. W.

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Penticton Herald on July 3,2020



ACTUAL RESTROOM QUOTES . . .

Friends don't let friends take home ugly men.

---Women's restroom, Starboard, Dewey Beach, DE.

Remember, it's not, "How high are you?" it's "Hi, how are you?"

--- Rest stop off Route 81, West Virginia.

No matter how good she looks, some other guy is sick and tired of putting up with her crap.

---Men's Room, Linda's Bar and Grill, Chapel Hill, North Carolina

Make love, not war. Hell, do both, get married!

---Women's restroom, The Filling Station, Bozeman, Montana

A Woman's Rule of Thumb: If it has tires or testicles, you're going to have trouble with it.

---Women's restroom, Dick's Last Resort, Dallas, Texas

No wonder you always go home alone.

---Sign over mirror in Men's restroom, Ed Debevic's, Beverly Hills, CA

Beauty is only a light switch away.

--- Perkins Library, Duke University, Durham, North Carolina.

Please don't throw your cigarette butts in the urinal It makes them soggy and hard to light.

---The Janitor

What are you looking up on the wall for? The joke is in your hands.

---Men's restroom, Lynagh's, Lexington, KY

THE CREATION OF FRANKLIN

Do you know how and why the little black boy, Franklin, came to join the Peanuts comic strip? I didn't know until a few minutes ago. Shultz had to buck the system to do it.



On July 31, 1968, a young, black man was reading the newspaper when he saw something that he had never seen before. With tears in his eyes, he started running and screaming throughout the house, calling for his mom. He would show his mom, and, she would gasp, seeing something she thought she would never see in her lifetime. Throughout the nation, there were similar reactions.

What they saw was Franklin Armstrong's first appearance on the iconic comic strip "Peanuts." Franklin would be 50 years old this year. (2018)

Franklin was "born" after a school teacher, Harriet Glickman, had written a letter to creator Charles M. Schulz after Dr. Martin Luther King, Jr. was shot to death outside his Memphis hotel room.

Glickman, who had kids of her own and having worked with kids, was especially aware of the power of comics among the young. "And my feeling at the time was that I realized that black kids and white kids never saw themselves [depicted] together in the classroom," she would say.

She would write, "Since the death of Martin Luther King, I've been asking myself what I can do to help change those conditions in our society which led to the assassination and which contribute to the vast sea of misunderstanding, hate, fear and violence."

Glickman asked Schulz if he could consider adding a black character to his popular comic strip, which she hoped would bring the country together and show people of color that they are not excluded from American society.

She had written to others as well, but the others feared it was too soon, that it may be costly to their careers, that the syndicate would drop them if they dared do something like that.

Charles Schulz did not have to respond to her letter, he could have just completely ignored it, and everyone would have forgotten about it. But, Schulz did take the time to respond, saying he was intrigued with the idea, but wasn't sure whether it would be right, coming from him, he didn't want to make matters worse, he felt that it may sound condescending to people of color.

Glickman did not give up, and continued communicating with Schulz, and Schulz surprisingly responding each time. She would even have black friends write to Schulz and explain to him what it would mean to them and gave him some suggestions on how to introduce such a character without offending anyone. This conversation would continue until one day, Schulz would tell Glickman to check her newspaper on July 31, 1968.

On that date, the cartoon, as created by Schulz, shows Charlie Brown meeting a new character, named Franklin. Other than his color, Franklin was just an ordinary kid who befriends and helps Charlie Brown. Franklin also mentions that his father was "over at Vietnam." At the end of the series, which lasted three strips, Charlie invites Franklin to spend the night one day so they can continue their friendship. I just thought this was a good re-introduction of Franklin to the rest of the world - "I'm very glad to know you."

There was no big announcement, there was no big deal, it was just a natural conversation between two kids, whose obvious differences did not matter to them. And, the fact that Franklin's father was fighting for this country was also a very strong statement by Schulz.

Although Schulz never made a big deal over the inclusion of Franklin, there were many fans, especially in the South, who were very upset by it and that made national news. One Southern editor even said, "I don't mind you having a black character, but please don't show them in school together."

It would eventually lead to a conversation between Schulz and the president of the comic's distribution company, who was concerned about the introduction of Franklin and how it might affect Schulz' popularity. Many newspapers during that time had threatened to cut the strip.

Schulz' response: "I remember telling Larry at the time about Franklin -- he wanted me to change it, and we talked about it for a long while on the phone, and I finally sighed and said, "Well, Larry, let's put it this way: Either you print it just the way I draw it or I quit. How's that?"

Eventually, Franklin became a regular character in the comic strips, and, despite complaints, Franklin would be shown sitting in front of Peppermint Patty at school and playing center field on her baseball team.

More recently, Franklin is brought up on social media around Thanksgiving time, when the animated 1973 special "A Charlie Brown Thanksgiving" appears. Some people have blamed Schulz for showing Franklin sitting alone on the Thanksgiving table, while the other characters sit across him. But, Schulz did not have the same control over the animated cartoon on a

television network that he did on his own comic strip in the newspapers.

But, he did have control over his own comic strip, and, he courageously decided to make a statement because of one brave school teacher who decided to ask a simple question.

Glickman would explain later that her parents were "concerned about others, and the values that they instilled in us about caring for and appreciating everyone of all colors and backgrounds — this is what we knew when we were growing up, that you cared about other people . . . And so, during the years, we were very aware of the issues of racism and civil rights in this country [when] black people had to sit at the back of the bus, black people couldn't sit in the same seats in the restaurants that you could sit . . . Every day I would see, or read, about black children trying to get into school and seeing crowds of white people standing around spitting at them or yelling at them . . . and the beatings and the dogs and the hosings and the courage of so many people in that time."

Because of Glickman, because of Schulz, people around the world were introduced to a little boy named Franklin.



*From The Jon S. Randal Peace Page
Post by Linda Laurelin*

FRIENDSHIP IS SO PRECIOUS

*"Make new friends, but keep the old;
Those are silver, these are gold.
New-made friendships, like new wine,
Age will mellow and refine.*

*Friendships that have stood the test -
Time and change - are surely best;
Brow may wrinkle, hair grow gray,
Friendship never knows decay.*

*For 'mid old friends, tried and true,
Once more we our youth renew.
But old friends, alas! may die,
New friends must their place supply.*

*Cherish friendship in your breast-
New is good, but old is best;
Make new friends, but keep the old;
Those are silver, these are gold." ~*

Joseph Perry



**DON'T TELL SECRETS
IN THE GARDEN.
THE POTATOES HAVE
EYES, THE CORN
HAS EARS, AND THE
BEANSTALK**



*"More than ever, this is your moment,
your generation's world to shape. In
taking on this responsibility, I hope you
are bold. I hope you have a vision that
isn't clouded by cynicism or fear . . .
whether you realize it or not, you've got
more road maps, more role models,
and more resources than the Civil
Rights Generation did. You've got more
tools, more technology, and talents
than my generation did. No generation
has been better positioned to be
warriors for justice and remake the
world."*

Barack Obama

Excerpt from a commencement speech
in 2020

Thought for the Day
A VISION OF LOVE
*"When the power of love
overcomes the love of
power, the world will
know peace."
~ Jimi Hendrix*

BUMBLEBEES ARE HERE AGAIN!!!

It's that time of year again - they find their way into our homes looking for safety.

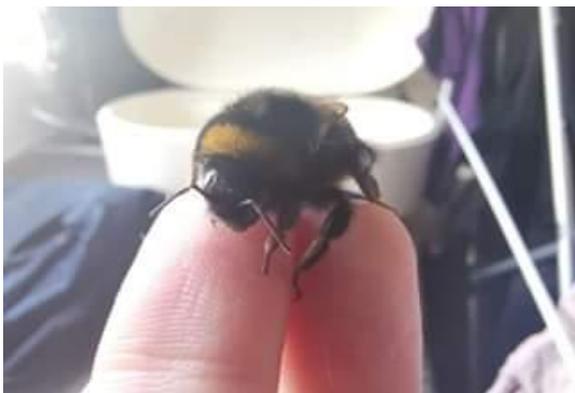
When you find a bumblebee that can't fly, firstly you can pick them up - they will not sting unless you hurt them, and they are safe to handle.

Secondly, pop them into a little plastic tub if they will let go of your warm hand.

Thirdly, mix warm water and sugar together and hold some in a teaspoon in front of them to their front leggies. They will extend their proboscis (inbuilt curly straw) and drink.

Then take them outside, they will groom, maybe pee on you, and will fly off when they are sated. If they are unable to fly and stick their leggies in the air it's because they're vulnerable and trying to fly.

They are cold and need energy. Do not give them honey as that is their waste product. Keep them warm and feed them sugar water!!! This can save a life!



Did you know . . .

Many a golfer prefers a golf cart to a caddy because the cart cannot count, criticize or laugh.

A GOOD REASON . . .

A Pastor was called to a local nursing home to perform a wedding. An anxious old man met him at the door.

The pastor sat down to counsel the old man and asked several questions. "*Do you love her?*"

The old man replied, "*Nope.*"

"Is she a good Christian woman?"

"I don't know for sure," the old man answered.

"Does she have lots of money?" asked the pastor.

"I doubt it."

"Then why are you marrying her?" the preacher asked.

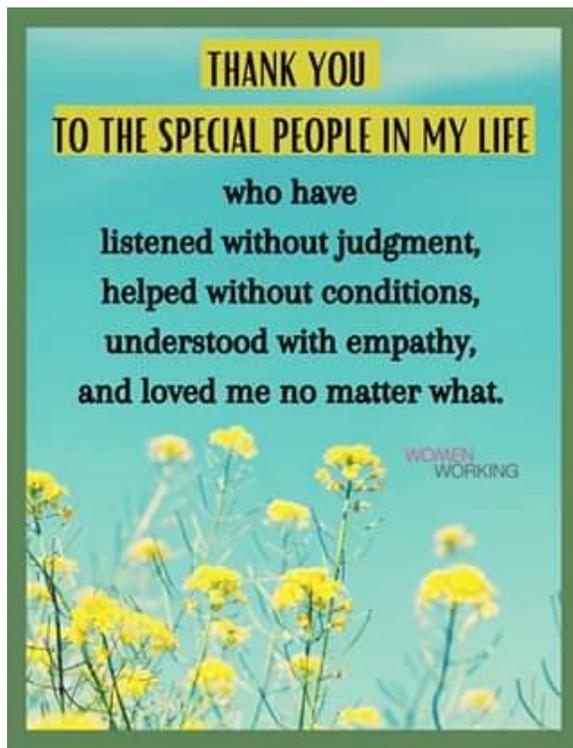
"Cause she can drive at night," the old man said.

I FEEL LIKE POTATOES DON'T
RECEIVE ENOUGH RECOGNITION FOR
THEIR VERSATILITY.
BREAKFAST: HASH BROWNS.
FAST FOOD: FRENCH FRIES.
FANCY DINNER: BAKED POTATO
HOLIDAYS: MASHED POTATO.
RELAXING AT HOME: POTATO CHIPS.
QUARANTINE: VODKA.
THERE'S A POTATO FOR EVERY
OCCASION.

A DELICIOUS SUMMER TREAT FOR YOU ...



And From your Editor .



FROM YOUR EDITOR MARDI . .



It continues to be terrific news to hear that our world is opening up once again – *one stage at a time!* **Together apart we will succeed . . . because we can do this!!!!**

Hoping that all of our Friends and Comrades had a fun Canada Day – making great memories to cherish throughout the rest of this very different year – 2020!!! After all – this is the best country in the world, and we are all very proud of it!!

Just as in last month's issue - my wish for you, our loyal Buzz readers, is to stay healthy, stay six feet away from your friends and family but do remember to send them all 'air' hugs!!

We are all still very grateful to all of our front line workers for all of their loyal dedication to the task at hand. Praying that they all stay safe!!

I was very disappointed this year to hear of the cancellation of our annual picnic/barbeque but it was necessary due to the new pandemic rules for gatherings. We will all look forward to a super fabulous picnic in 2021!!

TOGETHER WE CAN DO THIS!!

**Your Editor
MARDI**

**Don't stress about the future,
it hasn't arrived yet
Live in the present and
make it beautiful!**

