

THE BUZZ



YOUR PRESIDENT'S REPORT

Dear Comrades and Associates:

By now everyone is aware that the membership of Unit #26 have given their executive and building committee 100% approval to sell the club and begin negotiations for re-developing. Unit #68 has been involved through out the entire process and it was my privilege to be on the building committee for over 15 months. If ever the motto "**SHOULDER TO SHOULDER**" was exercised, then this is the best example of the advances our two units have made. I salute President Janice Graham of Unit #26, for her strength and her devotion to not only her unit, but that of Unit #68. I am sure she has had many sleepless nights because of her integrity and honesty, we are all very fortunate to have such a capable leader.

Along with the sale, comes the opportunity to retire the loan to Unit #26 from Unit #68. As Cris Da Silva (Finance Chairman of Unit #26) has mentioned many times "*It saved our club from going under.*" The members of Unit #68 must now consider their options, as we begin the process of building a new clubhouse.

I must sound like a broken record; "AMALGAMATION " of our two units has to be our next priority. Since becoming President of Unit #68 over 4 years ago, I have strived to bring this issue to the forefront. As one Unit, we could combine our assets and membership and become the largest club in B.C. with a very sound financial picture. This is not an easy move, since Unit #68 has a long, proud history and yet, the sound of Unit #26 has a lot of appeal, since it combines both our numbers into one. I have brought this subject up, at my A.G.M. meeting, so the next step is to open up dialogue with Unit #26.

In the meantime, we need to submit "Resolutions" at the Provincial Convention in April, in order to change B.C. and Dominion Command's by-laws, to accommodate two units operating from one building. A joint membership card would be one option, a combined executive from both clubs, another suggestion, but the best solution would be amalgamation.

Thank you once again, to my Unit #68 members for your continued support in 2012 and returning my same executive, which says millions for your trust in our leadership for the future. Thank you also, to all my friends and comrades who attended our Installation. Unfortunately I was a little under the weather because of a serious work injury. I nearly cut off my left arm on a table saw, so I am off to surgery, to see if they can re-attach some nerves and

tendons. It is at times like this that you know who your real friends are and I am very touched by the many calls of concern from Comrades within all our organization.

Bob Rietveld
President A.N.A.F. Unit #68

GREETINGS FROM UNIT 26



Kung Hei Fat Choy! Just as the Chinese are celebrating their New Year, we too are about to celebrate a new beginning for our Unit. We have signed an 'Offer to Purchase' with Killarney Ventures Ltd. for the "outright sale of the property with an option to purchase 6,000 sq. ft. of commercial space on the ground floor". We have received our first payment and will retire our debt with the City of Vancouver Tax Department in the next few days. With the next payment, we will retire our debt with Unit 68. The third and final payment will be received on March 30th at which time we will have our budget forecast and investment strategy outlined and ready to present to the membership. As this is the Year of the Dragon, it is the most auspicious symbol of success and happiness. The dragon is very bold, unafraid and strong. A symbol of strength, goodness, fortune, power and luck. With all that positive aura surrounding us, let us go forward and negotiate with Killarney Ventures Ltd. for new premises for Unit 26 at 43rd and Fraser! We are now in control of our destiny! Let us use that control to the best of our abilities and negotiate for our future.

At this time we would like to Thank Unit 68 for lending us the funds to keep our Unit up and running until a deal could be reached for the sale of our property. I believe that both Units benefited from the arrangement

and each and every member thanks you in their own way. The arrangement struck between our Units gives a new meaning to "Shoulder to Shoulder". Thank You.

A gentle reminder, in order to be eligible to attend the General Meeting in February, you will have to have in your possession a 2012 Unit 26 (active, affiliate or voting associate) membership card. You can renew your membership at the bar or with Ruby in the office for \$35.00. If you do not have a membership, consider taking that important step TODAY! Support our Veterans organization. Support Unit 26! Take the plunge – you won't get wet! We won't let you drown! You will be among friends. You have a lot to offer us and in turn, we have a lot to offer you. As our membership grows, so does the scope of activities that we can offer.

On Sunday, January 22nd we awarded 3 Long Service Pins and 2 Certificates of Appreciation during the Installation ceremonies. Congratulations to Active member, Comrade Norm Briscoe for 45 years of service, Affiliate member, Comrade Steve Naicker for 40 years of service and Affiliate member, Comrade John Isaak for 25 years of service. Certificates of Appreciation were awarded to Sally Doolan and to the Unit 26 Ladies Auxiliary for all the hours of dedicated service they have given to our Unit. They are always willing to step up to the plate for the greater cause. It is an honor to know and work with you all!

In closing I would like to thank all of our members that attended the Joint Installation of Officers for Units 26 & 68 on Sunday, January 22nd. The Joint Installations seems like a natural occurrence for the Units and we have had very positive feed back from our members.

We would like to thank our Provincial Officers: President Shirley Aldridge and Past President Bill Calvert for performing

the Rituals, Mike Carpenter our piper, and Chuck McDonald and Hazel Knight for performing the duties of the Sergeant of Arms. And a special thank you to our Ladies Auxiliary for their kind donation of \$500.00 to the Unit. Your kind gesture will not go unnoticed!

Janice Graham
Unit #26 President

COLOUR GUARD REPORT

Comrades,

The Colour Guard held it's elections on January 14, 2012 and the following are the executive for the ensuing year.

Colour Sergeant: Bob Rietveld

2.I.C.: John Yates

3.I.C.: Shirley Gibbons

Secretary: Jan Holt

Treasurer: Chuck McDonald

Past Colour Sergeant: Roy Breitkruez

Thank you to everyone who worked so hard during 2011, and we wish our past secretary Sheryl Calvert much happiness as she moves to England.

Due to my injury as mentioned in my Presidents report, I wish to thank all my Colour Guard members who represented me at our Installation and a Celebration of Life last month. It is great to know that I have such capable comrades, who when asked, will step up to the plate. Standing on the sidelines was a first for me in over 9 years, but watching them bring in the Colours gave me a very proud feeling.

One of our own, Sandi Greenfield was awarded "*The Minister Of Veteran Affairs Accommodation*" on Tuesday January 17, 2012. The ceremony was held at the Delta Hotel in Richmond. There were many government officials present, including "The Honourable Steven Blaney", Minister of Veteran Affairs and I was very proud, to place her well deserved award on her Colour Guard jacket at our Unit #68

A.G.M. meeting. Sandy's dedication to Veterans brought about the crosses on Remembrance Day for our deceased Veterans in Afghanistan. The crosses were carried by youth on parade, and placed on the grass around the cenotaph. The Buzz does not have enough pages to list all her efforts.

Another A.N.A.F. recipient was Comrade Kelly Wong of Unit #280. Kelly is very active within the Chinese community thru the Chinese-Canadian Military Museum and also a member of the Naval Veterans Association Band. Kelly is a veteran who served in the Royal Navy in Hong Kong. Congratulations to both of these well deserved Comrades from the B.C. Command Colour Guard.

On February 5, 2011, one year ago, the Colour Guard lost one of its most beloved members, Comrade Roy Blair passed away at my side and he will never be forgotten. Rest in peace my friend . . . I wear your combat boots at every parade, so you are still marching with me. "*LEST WE FORGET*"

Fraternally;
Provincial Colour Sergeant
Bob Rietveld

Always
&
Forever



VETERANS AFFAIRS REPORT

*Minister of Veterans Affairs
Honours Exceptional Citizens
from British Columbia*

Richmond, BC – Thirteen citizens from British Columbia were honoured today for their commitment and dedication to Veterans. The Honourable Steven Blaney, Minister of Veterans Affairs, presented these individuals with the Minister of Veterans Affairs Commendation during a ceremony in Richmond.

"These individuals have made a real and lasting difference with their service and dedication to our nation's truest heroes," said Minister Blaney. *"On behalf of all Canadians, I am proud to acknowledge their extraordinary efforts in helping to provide the care and recognition our Veterans and their families deserve. Today we recognize their hard work and selfless commitment."*

The Minister presented the Commendation to the following individuals:

John Bishop, Cobble Hill

Velma Emberly, Victoria

Barbara Fosdick, Victoria

Earle Fraser, Surrey

Jack Frazer, Salt Spring Island

Sandi Greenfield, Vancouver

Roy Kawamoto, Kelowna

Kelly Kwong, Burnaby

Bob Maley, North Vancouver

Robert Morrison, Vancouver

Syd Pratt, Kelowna

Gerard Ratchford, Esquimalt

William Whalen, Pitt Meadows

The Minister of Veterans Affairs Commendation includes a bar, which can be worn below official decorations on a Veteran's blazer, as well as a lapel pin for civilian wear and a certificate.

The Commendation is presented to individuals who have contributed to the care and well-being of Veterans and to the remembrance of their contributions, sacrifices and achievements. It is intended primarily for Veterans, but in some circumstances may also be awarded to non-Veterans. Nominations may be submitted at any time and are reviewed annually by an advisory committee.

Source: Veterans Affairs Canada

SHUFF N' STUFF

PROVINCIAL COMMAND BOWLING TOURNAMENT

Where: **Grandview Lanes at 2195
Commercial Drive**

When: **Saturday, February 25th,
2012**

Each Unit may enter two (2) teams of five (5) players.

Registration forms must be in prior to February 17, 2012

When registering, please fill in all the information the form requires.

Thank You.

*Dick Moore
Director - Sports*

OUR BEST WISHES FOR A SPEEDY RECOVERY . . .

go to our President Bob Rietfeld, who underwent surgery to repair tendons in his left arm on Monday, January 30th. Our thoughts and prayers are with you Bob, and we are anxiously awaiting your return



to our Unit and our 68 table!!!

ANAVETS AFFAIRS

**AFFORDABLE RENTAL
HOUSING FOR SENIORS**



**ANAVET HOUSING
Vancouver East
951 East 8th Avenue
Richmond - 11820 No. 1 Road**

North Vancouver – 225 / 235 / 245 East 3rd St.
Call 874-8105 or email bcnavets@telus.net
for more information

New Chelsea Society
#300 – 3640 Victoria Drive,
Vancouver, B. C. V5N

Patrick Buchannon, Director
Telephone: (604) 874-6255 for Information

VETERANS AFFAIRS CANADA
MEDALS & SERVICE RECORDS

P.O. Box 7700 Charletown, P.E.I. C1A 8M9

VETERANS AFFAIRS ENQUIRIES
Suite 1000 – 605 Robson Street, Vancouver,
B.C. Toll-Free Telephone: 1-866-522-2122

VETERANS AFFAIRS CANADA
308 – 7337 – 137th St. Surrey, B.C. V3W 1A4
Toll-Free Telephone: 1-866-522-2122

HEALTH & WELFARE CANADA
PENSION PLAN

Inquiries: 1 – 800 – 277-9914

DID YOU KNOW... that you may be eligible
for Death Benefits of up to \$ 3,500.00?

LAST POST FUND INC.
British Columbia Branch #520
7337 – 137th St. Surrey, BC V3W 1A4
For information regarding financial assistance
for the burial of your loved ones, please contact
572-3242 or 1 – 800 – 268-0248.

*“Friends are the family we choose for
ourselves.”* --- Edna Buchanan

REMEMBER: anavets26.ca for all
the latest news and events

FEB. 2012 at Unit #26
SUPER BOWL PARTY
Sunday, February 5th

Saturday, February 11th 3pm to 5pm

LADIES AUXILIARY
SWEET HEART DINNER
Tickets \$6.00 for Members

*** \$8.00 Non-Members

Menu: Cabbage Rolls, Perogies, Garlic
Smokie, Salad, Dinner Roll and Dessert.

SENIORS LUNCH

Tuesday, February 28th

Lunch served 12:30 p.m.

LADIES AUXILIARY LUNCH & BINGO

Wednesday, February 22nd at 12:30 p.m.

Everyone is Welcome

Dancing to Great Bands all month.

Friday & Saturday Feb. 3rd & 4th – 7:30

Lone Strangers

Friday & Saturday Feb. 10th & 11th – 7:30

Midnight Eagles

Friday & Saturday Feb. 17th & 18th – 7:30

Nasty Habits

Friday & Saturday Feb. 24th & 25th – 7:30

Bob Marlow

TUESDAY IS TRIPLE T DAY!!

Tuesday, Trivia, & Tacos

Trivia with Danny Stetski at 7 pm

TEXAS HOLD'EM

Every Wednesday and Friday evenings –
Registration 6:30 pm

DROP-IN EUCHRE Thursday at 7 pm

MEAT DRAWS every week

Fridays at 4:00 p.m. NOW 2 tickets for \$1

Saturdays at 4:00 p.m. NOW 2 tickets for \$1

MEMBERSHIP DRAW – every Saturday
during Meat Draw . . . Must be Here to Win!

THE JOKER DRAW

Joker Card Wins The Prize!

Play during the Fri. & Sat. Meat Draw

REMINISCING WITH

RON 'ANDY CAPP' ROBINSON...



As I'm writing this column I
find I'm mighty close to
becoming 90 years old. I
guess Betty White got most
of the publicity because she
was born 4 weeks before me.

I was born on a cold morning in
Winnipeg, Manitoba on February 15th, 1922

(isn't every morning in Winnipeg cold??) My Mother and Dad gave me the name 'Valentine' because it was February 15th (why didn't someone tell them that Valentine's Day was on February 14th not the 15th?)

As I grew up I kept the name 'Valentine' a total secret and then one day in Grade 4 at Fleming School (49th and Knight) the teacher was shuffling a bunch of papers on her desk when she suddenly asked me to stand and then asked if 'Valentine' was my real name or just a nickname. Shaking and turning six colors of red I told the teacher that *Valentine* was my real name. The class broke out in giggles, and then all-out laughter.

From that terrible day on I never used the name 'Valentine', only on or near Valentine's Day!! (This story appeared in The Buzz last February 2011)

In a few days I will have lived longer than anyone in our Robinson family, except of course my grandfather (my Dad's father) who became the oldest man in Saskatchewan at the age of 103.

I have often been asked what I'd like to do in my immediate future. First I would like to see my family oftener, as well as my 13 grandchildren and my 3 great-grandchildren.

I'm also asked "How do you feel being so close to 90?" My answer to that question is "I feel like I'm 90!"

I hope to be around when our new clubrooms are open and I'm having a beer or two with my good friends (and they are buying!)

Of course Lilian and myself are looking forward to a few more trips to Freemont Street in Vegas, which incidentally was recently named "North America's most exciting street" by the American Travel Agency, and it really isn't a very expensive street to spend your time on because almost everything on the street is free!

In 1926 my mother and father decided to grab a train and move to Vancouver in the

hope that their youngest son (me!) could get thawed out from those cold, cold Winnipeg winters.

When all 8 of us arrived in Vancouver we were greeted by the famous 'liquid sunshine' Vancouver always bragged about.

Through the years we lived in 10 different houses (all in South Vancouver). One house located on 49th Avenue and St. George Street is now a shrine. Naturally I don't expect anyone reading this will believe it, but it's true!! Talk a walk down 49th and find the house with 535 on it. That's the house that is now a shrine. I mentioned that house once before in The Buzz (the story about the runaway turkeys). When you are looking at the 535 address on the front of the house, look up at the third floor and you will see a balcony. That's where my brother Ken and myself slept out during the summer months . . . also my teddy bear!!

Editor's Note:

We will be thinking of you on February 15th, Ronnie, and wishing you many, many more years of fun, travel, and good health!!! We can never get enough of your wonderful life experiences!!!

TOUCH OF HUMOUR . . . thanks to Ronnie Robinson and Kamloops Ruthie

My wife always goes on and on about NOT making a fuss over her on Valentine's Day. She says "It's the thought that counts."

Well I put a lot of thought into the gifts but she didn't quite take to any of them like I assumed she would. Here's my list – see what you think!

- Brand new mop and bucket. I was thinking it would be fun to see

what colour the floor was because I couldn't remember.

- Romantic dinner at fast food restaurant. I was thinking that she might like to go inside for a change instead of fetching dinner at the drive through.
- Chocolates left-over from last year's candy box. I was thinking how proud she'd be of me for not wasting food. She's been nagging me for years to recycle.
- Midnight moped ride through the park. I was thinking that I'm getting too old to be peddling on the bike.
- Dozen roses printed on high quality photo paper. One of my favorites this – I was thinking these would last a lifetime instead of just one week.
- 45 second back massage. I was thinking any longer and she might think I was interested in something else.
- Windows 7 – I was thinking how proud she would be to be a part of the technology crowd.

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"Old people shouldn't eat health foods. They need all the preservatives they can get." Robert Orben

A guy walks into a post office one day to see a middle-aged, balding man standing at the counter methodically placing "Love" stamps on bright pink envelopes with hearts all over them. He then takes out a perfume bottle and starts spraying scent all over them.

His curiosity getting the better of him, he goes up to the balding man and asks him what he is doing. The man says, *"I'm sending out one thousand Valentine cards signed, 'Guess who!'"*

"But why?" asks the man.

"I'm a divorce lawyer," the man replies.

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A woman went to her doctor complaining that she was exhausted all the time. After the diagnostic tests showed nothing, the doctor finally asked her how often she has intercourse.

"Every Monday, Wednesday and Saturday," she says.

The doctor advised her to cut out Wednesday.

"I can't," said the woman. *"That's the only night I'm home with my husband."*

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Two elderly women were eating breakfast in a restaurant one morning. Ethel noticed something funny about Mabel's ear and she said, *"Mabel, did you know you've got a suppository in your left ear?"*

Mabel answered, *"A suppository? I have?"*

She pulled it out and stared at it. Then she said, *"Ethel, I'm glad you saw this thing. Now I think I know where my hearing aid is."*

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A Pearl of Wisdom Alcohol does not solve any problem, but then neither does milk!



DON'T YOU JUST
LOVE LITTLE
JOHNNY

Little Johnny came home from school one day and said, *"Mom, the teacher asked me today if I had any brothers or sisters."*

"And what did she say when you told her you were an only child?" his mom asked.

And Little Johnny said, *"Well, she just let out a deep breath and said, 'Thank goodness!'"*

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downpour, yet the visibility in front of the windshield is still bad.

In the event you face such a situation, just try your **SUN GLASSES** (any model will do), and miracle! All of a sudden, your visibility in front of your windshield is perfectly clear, as if there is no rain.

Make sure you always have a pair of **SUN GLASSES** in your car, as you are not only helping yourself to drive safely with good vision, but also might save your friend's life by giving him this idea.

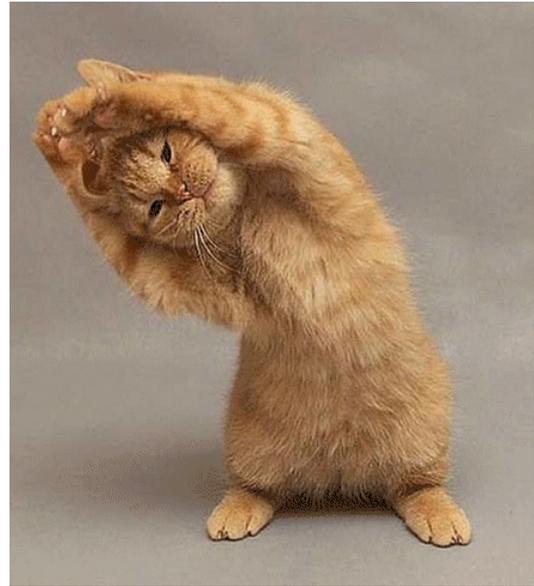
Try it yourself and share it with your friends! Amazing, you still see the drops on the windshield, but not the sheet of rain falling. You can see where the rain bounces off the road. It works to eliminate the "*blindness*" from passing semi's spraying you too, or the "*kickup*" if you are following a semi or car in the rain.



They ought to teach that little tip in driver's training. It really does work.

**I woke up,
I lifted my arms,
I moved my knees,
I turned my neck....**

**Everything made the same noise:
'CrrrrrrrrrrraaaaaaaaacccccK!'**



**I came to a conclusion:
I am not old, I am crispy!!**

The little boy came home from school, excitedly telling his father, "*Daddy! Daddy! I'm going to be in the school play!*"

The father said "*That's great!*" *What part are you going to play?*"

"I'm going to play a husband!"

"A husband!" the father exclaimed, "*Son, you march right back down to that school and tell them you want a speaking part!*"



A WARNING! I wonder how many people know about this:

A 36 year old female had an accident and totaled her car. A resident of Kinburn, Ontario, she was traveling between Kinburn & Ottawa. It was raining, though not excessively, when her car suddenly began to hydro-plane and literally flew through the air. She was not seriously injured but very

stunned at the sudden occurrence!

When she explained to the OPP Officer what had happened he told her something that every driver should know - NEVER DRIVE IN THE RAIN WITH YOUR CRUISE CONTROL ON!

She thought she was being cautious by setting the cruise control and maintaining a safe consistent speed in the rain. But the Officer told her that if the cruise control is on when your car begins to hydro-plane and your tires lose contact with the pavement, your car will accelerate to a higher rate of speed making you take off like an airplane. She told the OPP Officer that was exactly what had occurred.

The Officer said this warning should be listed, on the driver's seat Sun-visor - NEVER USE THE CRUISE CONTROL WHEN THE PAVEMENT IS WET OR ICY, along with the airbag warning. We tell our teenage drivers to set the cruise control and drive a safe speed - but we don't tell them to use the cruise control only when the pavement is dry.

The only person the accident victim found, who knew this (besides the officer), was a man who had a similar accident, totaled his car and sustained severe injuries.

NOTE: Some vehicles (like the Toyota Sienna Limited XLE) will not allow you to set the cruise control when the windshield wipers are on. Pass this info along . . . You might just save a life.

A LITTLE HISTORY LESSON FOR YOU - perhaps you were not aware of this little bit of History Trivia . . .

WHY DID THE BRITISH WEAR RED COATS IN BATTLE?

During the recent royal wedding, the millions around the world saw that Prince William chose to wear a uniform that included the famous British "red coat." Many people have asked, "why did the British wear red coats in battle?"

A long time ago, Britain and France were at war. During one battle, the French captured a British Colonel. They took him to their headquarters, and the French General began to question him.

Finally, as an afterthought, the French General asked, "Why do you British officers all wear red coats? Don't you know the red material makes you easier targets for us to shoot at?"



In his casual, matter-of-fact, way, the officer informed the General that the reason British officers wear red coats is so that if they are shot, the blood won't show, and the men they are leading won't panic.

And that is why, from that day forward, all French Army officers wear brown trousers!

Now you know!!!!!!

Don't you just love history????

TO ALL THE TIRED WOMEN
OUT THERE!!!

Housework was a woman's job, but one evening, Janice arrived home from work to find the children bathed, one load of laundry in the washer and another in the dryer. Dinner was on the stove, and the table set. She was astonished!

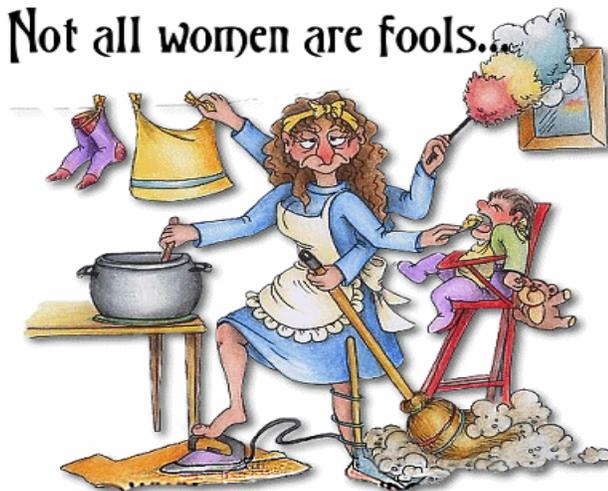
It turns out that Dave had read an article

that said, "Wives who work full-time and had to do their own housework were too tired to have sex".

The night went very well. The next day, Janice told her friends all about it. "We had a great dinner. Dave even cleaned up the kitchen. He helped the kids do their homework, folded all the laundry and put it away. I really enjoyed the evening."

"But what about afterwards?" asked her friends.

"Oh, that..... Dave was too tired."



Valentines is coming up!
Chocolate has priority over beer.

THIS IS 2012
Don't take life so
seriously!
DANCE



A TOUCH OF HUMOUR

I was in a bank when a man entered with a rather large dog on a leash. When he asked if it was okay to bring his pet into the building, a bank official answered,

"Yes, sure, provided he doesn't make a deposit or leave any p-mail."

A Sunday school teacher asked her students why they had to be quiet during the Church service.

One bright little girl replied *"Because people are sleeping."*

SENIOR HUMOUR . . .

GOTTA LUV IT!!!!

Sitting on the side of the highway waiting to catch speeders, a State Policeman sees a car pattering along at 22 miles per hour.

He thinks to himself, *"This driver is just as dangerous as a speeder!"* So he turns on his lights and pulls the driver over.

Approaching the car, he notices that there are five old ladies - two in the front and three in the back of the car - wide-eyed and white as ghosts.

The driver obviously confused, says to him, *"Officer, I don't understand, I was doing exactly the speed limit! What seems to be the problem?"*

"Ma'am," The officer replies, *"you weren't speeding, but you should know that driving slower than the speed limit can also be a danger to other drivers."*

"Slower than the speed limit? No sir, I was doing the speed limit exactly -- twenty-two miles an hour" the old woman said proudly.

The State Police officer, trying to contain a chuckle explains to her that "22" was the route number, not the speed limit.

A bit embarrassed, the woman grinned and thanked the officer for pointing out her error.

"But before I let you go, Ma'am", the officer says, *"I have to ask...Is everyone in this car OK? These women seem awfully shaken and they haven't muttered a single peep this whole time."*

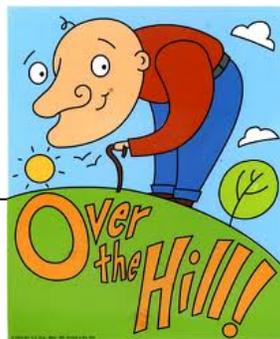


"Oh, they'll be all right in a minute, officer. We just got of Route 119."

MISSED THAT BOAT!!!

An old man was relaxing at his hundredth birthday party when a reporter went up to him. *"Sir, what is the secret of your long life?"*

The man considered this for a moment,



then replied, *"Every day at 9 PM I have a glass of port. Good for the heart I've heard."*

The reporter replied, *"That's ALL?"*

The man smiled slyly, *"That, and canceling my voyage on the Titanic."*

Overheard in the clubrooms

My friend announced that she had started a diet to lose some pounds that she had put on recently over the Holiday Season.

"Good," I exclaimed. *"I'm ready to start a diet too! We can be dieting buddies and help each other out. When I get the urge to drive out and get a burger and fries, I'll call you first."*

"Great," she replied. *"I'll ride with you."*

WISHING ALL OF OUR COMRADES AND FRIENDS . . . A VERY HAPPY & FUN VALENTINES DAY!!



Overheard in the Andy Capp
Room . . .

Environment Canada has issued a travel warning due to the freezing rain and cold weather to follow.

They suggest that anyone traveling in the current icy conditions should make sure they have the following:

- Shovel
- Blankets or sleeping bag
- Extra clothing including hat and gloves

24 hours worth of food
 De-icer
 Rock Salt
 Flashlight with spare batteries
 Road Flares or Reflective Triangles
 Empty gas Can
 First Aid Kit
 Booster cables

I looked like a frickin' idiot on the bus this morning!

I'M IN THE NAVY NOW . . .



The Navy Captain looked the crew over and said, "*Men, before anything more is said, I would like to clear up one thing. This isn't MY ship, this is YOUR ship.*"

From deep in the ranks came a voice: "*Great! Hey guys, let's sell the silly old boat and have a PARTY!*"

YOUR FUNNY QUOTE FOR THE MONTH

"I believe in rules. Sure I do. If there weren't any rules, how could you break them?"



Leo Durocher

Leo Durocher

A SPECIAL THANK YOU



Above is the photo I mentioned of Bob (Rietveld), Jan (Holt) and John (Yates) at the Installation at RCL Branch 48 on Fraser Street. I was honored by their support for me - they show *standing "shoulder to shoulder"* is more than just a phrase.

Best Regards,
 Bill Ritchie
 RCL Branch 48



ABSOLUTELY BRILLIANT HOUSEHOLD TIP

Always keep several
 Get well cards on the mantel.
 So if unexpected guests arrive,
 They will think you've been sick
 And unable to clean.

GEMS from our Special Friend Elsie Fraser of ANAF Assiniboia Unit 283 in Winnipeg, Manitoba . . .

THE SNEEZE – A Canada Maritimes True Story

They walked in tandem, each of the ninety-two students filing into the already crowded auditorium. With their rich maroon gowns flowing and the traditional caps, they looked almost as grown up as they felt.

Dads swallowed hard behind broad smiles, and Moms freely brushed away tears.

This class would NOT pray during the commencements, not by choice, but because of a recent court ruling prohibiting it.

The principal and several students were careful to stay within the guidelines allowed by the ruling. They gave inspirational and challenging speeches, but no one mentioned divine guidance and no one asked for blessings on the graduates or their families.

The speeches were nice, but they were routine until the final speech received a standing ovation.

A solitary student walked proudly to the microphone. He stood still and silent for just a moment, and then, it happened.

All 92 students, every single one of them, suddenly SNEEZED!!!!

The student on stage simply looked at the audience and said, 'GOD BLESS YOU'

And he walked off the stage...

The audience exploded into applause. This graduating class had found a unique way to

invoke God's blessing on their future with or without the court's approval.

This is a true story; it happened at Eastern Shore District High School in Musquodoboit Harbour, Nova Scotia.

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The Center for Disease Control has issued a medical alert about a highly contagious, potentially dangerous virus that is transmitted orally, by hand, and even electronically. This virus is called Weekly Overload Recreational Killer (WORK). If you receive WORK from your boss, any of your colleagues or anyone else via any means whatsoever - DO NOT TOUCH IT!!! This virus will wipe out your private life entirely. If you should come into contact with WORK you should immediately leave the premises.

Take two good friends to the nearest liquor store and purchase one or both of the antidotes - Work Isolating Neutralizer Extract (WINE) and Bothersome Employer Elimination Rebooter (BEER). Take the antidote repeatedly until WORK has been completely eliminated from your system.

Editor's Note: *I'm with you, Elsie – meet you at the club in two minutes – HaHa!!!*

— — — — —

Last night I was sitting on the sofa quietly watching TV when I heard my wife's voice from the kitchen:

"What would you like for dinner, my love? Chicken, Beef or Lamb?"

I said, *"Thank you, darling, I think I'll have chicken."*

She replied, *"You're having soup, idiot. I was talking to the dog."*

A TOUCH OF WEATHER HUMOUR
FROM MANITOBA

SNOW IN VANCOUVER!

Chilled Vancouver commuters faced their second day of winter hell today, as an additional ¼ centimeter of the peculiar white stuff fell, bringing the lower mainland to its knees and causing millions of dollars worth of damage to the marijuana crops. Scientists suspect that the substance is some form of frozen water particles and experts from Saskatchewan are being flown in. With temperatures dipping to the almost but not quite near zero mark, Vancouverites were warned to double insulate their lattes before venturing out.

Vancouver police recommended that people stay inside except for emergencies, such as running out of espresso or biscotti to see them through Vancouver's most terrible storm to date. The local Canadian Tire reported that they had completely sold out of fur-lined sandals.

Drivers were cautioned to put their convertible tops up, and several have been shocked to learn that their SUV's actually have four wheel drive, although most have no idea how to use it.

Weary commuters faced soggy sushi, and the threat of frozen breast implants. Although Dr. John Blatherwick, of the Coastal Health Authority reassured everyone that most breast implants were perfectly safe to 25 below, down-filled bras are flying off the shelves at Mountain Equipment Co-op.

"The government has to do something," snarled an angry Trevor Warburton. "I didn't pay \$850,000 for my one bedroom condo so I could sit around and be treated like someone from Toronto!"

HAPPY BIRTHDAY
to all our Unit 68
FEBRUARY
CELEBRANTS!



Reginald Campbell Robert Douglas
Dick Moore Janet Lothian
Ron Robinson Mardi Zipursky

We apologize if we have missed any of our Comrades – please notify your Editors if we have missed you and we will correct our Birthday Lists.



Happy Birthday Everyone!

**A VERY SPECIAL HAPPY 90th
BIRTHDAY WISH to our Buzz
Columnist and Cover Artist,
Ron 'Andy Capp' Robinson,**

**Enjoy Your Day Ronnie –
Wednesday, February 15th – may
you celebrate many, many more
happy and healthy birthdays in
the years to come!!!**

**EVERY CHILD NEEDS A PET....OR
IS IT EVERY PET NEEDS A CHILD?**



*A TRIP TO HOME DEPOT...***Men's Age, as Determined by a Trip to Home Depot**

You are in the middle of some kind of project around the house -- mowing the lawn, putting in a new fence, painting the living room or whatever. You are hot and sweaty, covered in dust, lawn clippings, dirt or paint. You have your old work clothes on. You know the outfit -- shorts with the hole in the crotch, old T-shirt with a stain from who-knows-what and an old pair of tennis shoes.

Right in the middle of this great home improvement project you realize you need to run to Home Depot to get something to help complete the job.

Depending on your age you might do the following:

In your 20's:

Stop what you are doing. Shave, take a shower, blow dry your hair, brush your teeth, floss and put on clean clothes. Check yourself in the mirror and flex. Add a dab of your favorite cologne because you never know, you just might meet some hot chick while standing in the checkout lane. And you went to school with the pretty girl running the register...

In your 30's:



Stop what you are doing, put on clean shorts and shirt. Change shoes. You married the hot chick so no need for much else. Wash your hands and comb your hair. Check yourself in the mirror.

Still got it. Add a shot of your favourite cologne to cover the smell. The cute girl running the register is the kid sister to someone you went to school with.

In your 40's:

Stop what you are doing. Put on a sweatshirt that is long enough to cover the hole in the crotch of your shorts. Put on different shoes and a hat. Wash your hands. Your bottle of Brute Cologne is almost empty so you don't want to waste any of it on a trip to Home Depot. Check yourself in the mirror and do more sucking in than flexing. The hot young thing running the register is your daughter's age and you feel weird thinking she is spicy.

In your 50's:

Stop what you are doing. Put on a hat, wipe the dirt off your hands onto your shirt. Change shoes because you don't want to get dog doo-doo in your new sports car. Check yourself in the mirror and you swear not to wear that shirt anymore because it makes you look fat. The Cutie running the register smiles when she sees you coming and you think you still have it. Then you remember the hat you have on is from Bubba's Bait & Beer Bar and it says, 'I Got Worms.'

In your 60's:

Stop what you are doing. No need for a hat anymore. Hose the dog doo-doo off your shoes. The mirror was shattered when you were in your 50's. You hope you have underwear on so nothing hangs out the hole in your pants. The girl running the register may be cute, but you don't have your glasses on so you are not sure.

In your 70's:

Stop what you are doing. Wait to go to Home Depot until the drug store has your prescriptions ready, too. Don't even notice the dog doo-doo on your shoes. The young thing at the register stares at you and you realize your balls are hanging out the hole in your crotch.

In your 80's:

Stop what you are doing. Start again. Then stop again. Now you remember you need to go to Home Depot. Go to Wal-Mart instead and wander around trying to think what it is you are looking for. Fa##rt out loud and you think someone called out your name. You went to school with the old lady who greeted you at the front door.



In your 90's & beyond:

What's a home deep hoe? Something for my garden? Where am I? Who am I? Why am I here? Did I need something? Did you? Who fa##rted???

Two Little Boys from Lamont area:

After a hardy rainstorm filled all the potholes in the streets and alleys, a young mother watched her two little boys playing in the puddles through her kitchen window. The older of the two, a five year old lad, grabbed his sibling by the back of his head and shoved his face into the water hole.

As the boy recovered and stood laughing and dripping, the mother ran to the yard in a panic. *'Why on earth did you do that to your little brother? she asked as she shook the older boy in anger.*

'We were just playing 'church' mommy,' he said. 'I was just baptizing him . . . in the name of the Father, the Son and in . . . the hole-he-goes.'



MY NEIGHBOUR NEXT DOOR . . .

She's single ... She lives right across the street. I can see her house from my

living room.

I watched as she got home from work this evening.

I was surprised when she walked across the street and up my driveway.

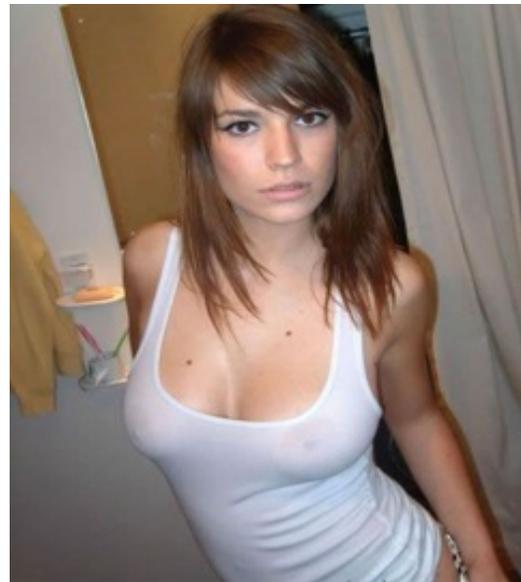
She knocked on my door ...

I rushed to open it.

She looks at me, and says, *"I just got home, and I am getting so raunchy! I have this strong urge to have a good time, get drunk, and make love all night long! Are you busy tonight?"*

I immediately replied, *"Nope, I'm free ... I have no plans at all!"*

Then she said, *"Good! In that case, could you watch my dog?"*

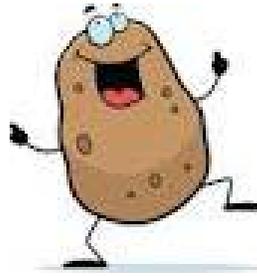


MAN . . . IT'S NO FUN
GETTING OLD!!!

AND FROM OUR UNIT #68
BUZZ RECIPE CORNER . . .

YUMMY
COMFORT
FOOD!

CHICKEN IN POTATO SHELLS



INGREDIENTS:

3 large hot baked potatoes
1 tbsp margarine or butter, melted
2 cups cut-up cooked chicken
1 can (16 oz) whole tomatoes, un-drained
1 env (about 1 ¼ oz) taco seasoning mix
1/2 cup shredded cheddar or Monterey Jack cheese (2 ounces)
1/3 cup dairy sour cream
2 green onions (with tops) sliced

METHOD:

Heat oven to 475 degrees;
Cut each potato lengthwise into halves;
Scoop out potatoes leaving a ¼ inch shell;
Brush outsides and insides of shells with margarine or butter; Place
shells, cut sides up, on ungreased cookie sheet; Bake
uncovered until edges are brown – 15-20 minutes;
Mix chicken, tomatoes and seasoning mix in 10-inch skillet – break up tomatoes;
Heat to boiling- reduce heat and simmer uncovered, stirring occasionally, 20 minutes;
Spoon chicken mixture into shells;
Sprinkle with cheese and heat just until cheese is melted;
Top each with a dollop of sour cream and sprinkle with green onions. ENJOY!!

**'COMFORT FOOD' IS GOOD FOR
THE SOUL!!!!**

FROM YOUR EDITORS . . .

As we all know, February
is Heart Month, in more



ways than one – so please eat healthy, exercise and take care of your heart!!!! Live, Love and Laugh often!!!

We wanted to leave you with a fun poem we think many of us can appreciate

Funny Valentine Poem For Seniors

by Julie
(Reno, NV, USA)

*My dear, my love, my one and only,
my reason for joy (that's no baloney),
you're no longer young,
you have hair on your toes,
you snore in your sleep,
there's a wart on your nose.*

*You've aged there's no doubt, I have too.
In our old age, dear, I still love you,
more than I did when young and pretty,
that's why I wrote this Valentine ditty.*

*We've been together for a lifetime it seems,
through good times and bad
we've shared our dreams.
We've grown old and saggy,
turned gray together.
Skin that was soft now wrinkled like leather.*

*You with your walker, me with my cane,
we shuffle together down life's
winding lane.
Together so long now,
I'm yours and you're mine.
We're older than dirt now, Valentine.*

**HAPPY
VALENTINES
DAY EVERYONE
ENJOY! ENJOY!**

Your Editors,
Mardi & Fred

